



Murhur National School

Bí Cineálta

Pupil Friendly Policy
2025/2026

We want everyone at our school to feel safe and happy. If you think that you are being bullied or someone else is being bullied, you need to tell a teacher or another adult that you trust as soon as possible. They will know what to do to help.

Get Help!!

Bullying behaviour is:

1. Deliberate
2. Targeted
3. Repeated

Tell
Someone!

Use
Your
Voice

**What can I
do?**

Say No
Move Away
Tell Someone
Get help

Murhur
National School
has a Bí
Cineálta policy
to try to stop
bullying
behaviour.
Always tell
someone if you
think you or
someone else is
being bullied.

Who can I tell?

School Staff
Parents
Guardians
Grandparents
Coaches
Carers
A trusted adult